



Integral University, Lucknow

Effective from Session: 2019-2020							
Course Code	HS401	Title of the Course	Cognitive Psychology: Attention, Perception and Memory	L	T	P	C
Year	I	Semester	I	3	1	0	4
Pre-Requisite	Graduation	Co-requisite	None				
Course Objectives	To acquaints students with the basic concepts of cognitive psychology. To develop an understanding of attention, perception, memory and imagery.						

Course Outcomes	
CO1	To understand the origin of cognitive psychology and function of cognition.
CO2	To explore the knowledge of cognitive psychology.
CO3	To make aware students with the recent trends in cognitive psychology
CO4	Be competent in Understanding cognitive psychology and its relation to the learning and memory.
CO5	To help students in relating subject matter of cognitive psychology to day to day life.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	Introduction to Cognitive Psychology:	Historical Antecedents; Basic Concepts – Mental Representations and Processing; Artificial Intelligence; Scope of Cognitive Psychology ,Experimental Psychology, Cognitive Science and Cognitive Neuropsychology, Computational Modeling – concepts and types.	12	CO1
2	Attention	Meaning of attention; Theories of Attention – Filter Theories, Capacity Theories, Feature Integration Theories, Automaticity Theories.	12	CO2
3	Perception	Depth Perception; Perceptual Constancies; Pattern Recognition and Theories- Bottom-Up and Top-Down; Template Matching etc.	12	CO3
4	Memory	Structure of memory; Models of memory- Atkinson-Schiffrin Model, Levels of Processing Approach, Tulving's Model, Types of memory- Sensory Memory, Short Term Memory and Long Term Memory.	12	CO4
5	Imagery and Forgetting:	Repression Theories of Imagery- Dual Coding Theory and Kosslyn's Theory; Theories of Forgetting- Trace Decay,	12	CO5

Reference Books:

- Anderson , J.R. (1985). Cognitive Psychology and Its Implications , New York, Freeman .
- Best,J.B.(1995). Cognitive Psychology. Fourth Edition. West Publishing Company.
- Eysenck, M. and Keane,M. (1990) Cognitive Psychology: A student's Handbook: Psychology Press .
- Galotti, K.M. (2001). Cognitive Psychology In and Out of the Laboratory. Second Edition. Wadsworth Publishing Company.
- Matlin,M.W.(1995). Cognition. Third Edition. A Prism India Edition.
- Payne, D.C. and Wegner, M.J. (1998). Cognitive Psychology, Houghton Mifflin Co .

e-Learning Source:

<https://egvankosh.ac.in/handle/123456789/4455>

	Course Articulation Matrix: (Mapping of COs with POs and PSOs)															
PO-PSO CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6	PSO7	PSO8	
CO1	3	2	2	3	3	2	3	3	2	3	2	3	3	3	2	
CO2	3	2	2	3	1	2	3	2	2	3	3	2	3	2	2	
CO3	3	2	2	2	2	1	2	2	3	2	3	3	2	2	1	
CO4	3	2	2	1	3	1	2	3	3	3	3	3	2	1	1	
CO5	3	3	3	1	2	2	2	3	3	2	3	2	3	1	1	

1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

 Dr. Md. Jassimuddin Khan Name & Sign of Program Coordinator	 Zebar Agha Head Humanities & Social Science Integral University, Lucknow Sign & Seal of HoD
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Integral University, Lucknow

Effective from Session: 2019-2020						
Course Code	HS402	Title of the Course	Personality Growth	L	T	P
Year	I	Semester	I	3	1	0
Pre-Requisite	Graduation	Co-requisite	None			
Course Objectives	To develop an insight of basic personality traits among the students. To understand different approaches of personality growth.					

Course Outcomes	
CO1	To learn the basic concepts and different perspective of personality.
CO2	Helping the students to learn different approaches to personality.
CO3	Understand the existential approach.
CO4	Understand of cognitive approach.
CO5	Understand of humanistic approach.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	Growth Psychology	Historical Perspective, misconceptions about healthy personality, Inner Psychological Processes.	12	CO1
2	Healthy Personality	Clinical and Growth Models, Assumptions and conceptualizations. Triguna and personal growth.	12	CO2
3	Existential Approach	May and Frankl's models and their application.	12	CO3
4	Cognitive Approach	Kelly's theory and its application.	12	CO4
5	Humanistic Approach	Maslow and Roger's theories and their applications.	12	CO5

Reference Books:

Arkoff, A.A (1985). Psychology and personal Growth

Burger, J.M. (1986). Personality - Theories and Research. Wordsworth Pub. Co.

Fadima, J. and Fager, R (1976). Personality and Personal Growth. New York: Harper and Row Publishers.

Hjelle, L.A. and Ziegler, D.J. (1976). Personality Theories. McGraw Hill and Co.

Kundu, C. (1977). Personality Development: A Critique of Indian Studies. Vishal Publications.

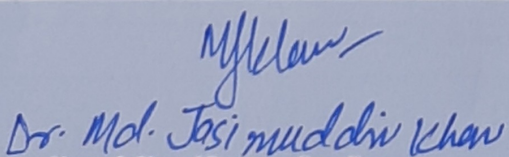
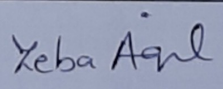
Monte, C.F. (1977). Beneath the Mask, Holt, Rinechart, Winston

e-Learning Source:

<https://egvankosh.ac.in/handle/123456789/20818>

PO- PSO CO	Course Articulation Matrix: (Mapping of COs with POs and PSOs)														
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6	PSO7	PSO8
CO1	3	2	2	3	3	3	3	3	2	2	2	2	2	2	3
CO2	3	3	3	3	2	2	1	3	2	2	3	3	2	2	1
CO3	3	2	2	2	2	2	1	3	3	2		3	2	2	2
CO4	3	2	2	1	3	2	2	3	3	3	3	2	3	1	1
CO5	3	2	2	3	2	2	2	3	2	3	3	1	1	3	2

1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

 Dr. Md. Jasi muddhin Khan Name & Sign of Program Coordinator	 Zeba Aqil Head Humanities & Social Science Integral University, Lucknow Sign & Seal of HoD
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Integral University, Lucknow

Effective from Session: 2019-2020							
Course Code	HS403	Title of the Course	Research Methodology	L	T	P	C
Year	I	Semester	I	3	1	0	4
Pre-Requisite	Graduation	Co-requisite	None				
Course Objectives	To acquaints students with the basics of research methodology. To provide a space for students to practice various types of sampling in a hands on manner.						

Course Outcomes	
CO1	Understanding the basics of research and processes.
CO2	To help students learn different experimental research designs.
CO3	To help students know the non-experimental research designs.
CO4	To make students aware of the tools for data collection.
CO5	To prepare students to excel in research work.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	Research	Concept and Meaning, Scientific and Non- Scientific Approach to Knowledge, Levels of Analysis, Goals of Scientific Methods. Types of Scientific Method: Positivism and Anti- Positivism, Hypothetic-Deductive and Inductive Research.	12	CO1
2	Research Process	Problems and Hypotheses, Variables; Steps of Research	12	CO2
3	Sampling	Concept and Meaning; Types of Sampling: Probability and Non Probability; Characteristics of Sampling; Sampling Errors.	12	CO3
4	Experimental and Correlational Research	Nature and Types, Strengths and Weaknesses. Ethical Issues in Research.	12	CO4
5	Basic, Applied and Action Research	Meaning, Steps and Uses; Qualitative and Quantitative Research.	12	CO5

Reference Books:

Aronson, E and Ellsworth D.C, Carlsmith, J.M., Gonzales, M.I. (1990) Methods of Research in Social Psychology. McGraw Hill International Edition.

Breakwell, G.M., Hammond, S & Schow, C.F. (Edited) (1995). Research Methods in Psychology. Sage Publications.

Ebnes, D.G, Kantowitz, B.M, Roediger, H.L. (1989). Research Methods in Psychology. West Publishing Company.

Greenberg, J and Folger, R (1988). Controversial Issues in Social Research Method. New York. Springer.

Katz, D. and Festinger, L. (1953). Research Methods in Behavioural Sciences. Holt, Rinehart & Winston, Inc.

Kerlinger, F.N. (1964). Foundations of Behavioral Research. Holt, Rinehart & Winston, Inc.

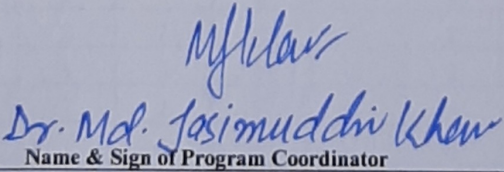
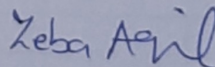
Mohsin, S.M. (1984). Research Methods in Behavioral Sciences. Orient Longman Ltd.

e-Learning Source:

<https://egyankosh.ac.in/bitstream/123456789/4114/1/MWG-005B3E-U2.pdf>

Course Articulation Matrix: (Mapping of COs with POs and PSOs)															
PO-PSO CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6	PSO7	PSO8
CO1	2	1	2	3	2	2	3	1	2	2	3	2	3	2	3
CO2	2	2	3	3	2	2	2	2	3	2	3	2	2	2	2
CO3	3	3	2	3	2	1	3	3	2	2	1	2	1	1	3
CO4	2	2	2	2	2	2	2	2	1	1	3	1	3	2	3
CO5	2	3	2	1	1	2	1	2	2	2	2	2	2	2	2

1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

 Dr. Md. Jasimuddin Khan Name & Sign of Program Coordinator	 Zebar Anil Sign & Seal of HoD
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Integral University, Lucknow

Effective from Session: 2019-2020							
Course Code	HS404	Title of the Course	Motivation and Emotion: Nature, Classification and Measurement	L	T	P	C
Year	I	Semester	I	3	1	0	4
Pre-Requisite	Graduation	Co-requisite	None				
Course Objectives	To provide an understanding to the students about motivation and emotion. To acquaint students with various types of biological, psychological and sociological motives.						

Course Outcomes	
CO1	Understand the level of motivation and emotion
CO2	Understand the biological and psychological aspects of hunger.
CO3	Understand the sociological motives and achievement
CO4	Understand the sociological motives Approval and aggression
CO5	Understand the anxiety and theories of frustration

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	Introduction to Emotion	Nature and Levels of motivation and emotion. The Developmental-Interactionist Model Functions of motivational – emotional system: the relationship of motivation and emotion, The Readout Hypothesis	12	CO1
2	Biological and Psychological Motives	Hunger- Control of hunger mechanism: Stomach contractions; Chemical, Mechanical, Oral and Neural factors. Recent theories of hunger mechanism; The Glucostatic hypothesis, the Thermal hypothesis Sex – Developments in the study of sex; the nature of sexual arousal; Physiological determinants of arousability; Hormonal, Social and Environmental effects on arousability.	12	CO2
3	Sociological Motives I	Achievement – The tendency to achieve success; the tendency to avoid failure; the approach avoidance conflicts in achievement situations; Expectancy of success. Studies of achievement motivation Affiliation – Nature; Determinants; Relationship between affiliation and anxiety.	12	CO3
4	Sociological Motives II	Approval – Social Desirability research. The Marlowe-Crowne Scale. Approval as an evaluatively dependant behavior. Personality correlates of approval Aggression – Nature; Kinds. Theories of aggression as innate, Environmental theories.	12	CO4
5	Emotions Concomitant with Extreme Motivational States	Anxiety – As the force underlying other apparent motives; Manifest anxiety; Test anxiety; Anxiety as a drive Frustration – The necessary preconditions, Sources; Frustration as a drive: The Brown-Farber theory, The Amsel theory; Reactions to Frustration	12	CO5

Reference Books:

- Beck, R.C. (2005) Motivation: Theories and Principles. Fourth Edition. Pearson
 Buck, R. (1987) Human Motivation and Emotion. John Wiley and Sons
 Cofer, C.N. and Appley, M.H. (1963): Motivation Theory and Research. John Wiley and Sons
 Franken, R.E.(2002). Human Motivation, Fifth Edition. Wadsworth: Thompson Learning
 Houston, J.P. (1985). Motivation. Macmillan Publishers.
 Young, P.T. (1961): Motivation and Emotion

e-Learning Source:

<https://egyankosh.ac.in/bitstream/12356789/62918/3/Block-3.pdf>

Course Articulation Matrix: (Mapping of COs with POs and PSOs)

PO-PSO CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6	PSO7	PSO8
CO1	2	2	2	1	2	3	1	2	3	2	2	3	3	3	2
CO2	2	2	1	2	2	2	2	3	3	2	3	2	2	2	1
CO3	2	2	1	3	3	2	2	2	1	3	2	1	1	2	1
CO4	2	2	2	2	2	2	3	3	3	2	2	2	3	1	2
CO5	1	1	2	2	1		1	2	2	2	2	2	3	1	3

1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

Dr. Md. Jasimuddin Khan
 Name & Sign of Program Coordinator

Zeba Agul
 Head
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 Integral University, Lucknow



Integral University, Lucknow

Effective from Session: 2019-2020							
Course Code	HS405	Title of the Course	Community Psychology	L	T	P	C
Year	I	Semester	I	3	1	0	4
Pre-Requisite	Graduation	Co-requisite	None				
Course Objectives	To acquaint students with the history and current status of community psychology and community mental health services. To develop a community based orientation towards mental health.						

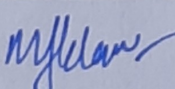
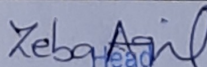
Course Outcomes	
CO1	Get comprehensive overview of the community psychology discipline
CO2	Students will able to know the community perception about mental health and issues and challenges faced by children, ADHD and child abuse.
CO3	Understand the community mental health intervention.
CO4	Student will able to know the social change in community psychology.
CO5	Understand the issues and challenges of community Psychology.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	Introduction to Community Psychology	Introduction, historical and social contexts of community psychology: concept; evolution and nature of community mental health. Core Values of Community Psychology; Social construction and its Critics, Participatory and Action Research.	12	CO1
2	Mental Health	Models of mental health services, Models of mental health services for Children and types of Problem: ADHD, PTSD, and Child Abuse.	12	CO2
3	Community Mental Health	Community mental health intervention and community based rehabilitation (CBR): Issues, principles.	12	CO3
4	Social Change	Notions of Social Change in Community Psychology: Issues and Challenges.	12	CO4
5	Community Mental Health in India	Issues & Challenges; Intervention Strategies; Social action and Innovation; Empowering communities.	12	CO5

Reference Books:	
Bloom, B. (1973). Community Mental Health—A critical analysis. New Jersey:	
Koch, C.H.(Ed.) (1986). Community Clinical Psychology. London: Croon Helm.	
Mann, P.A. (1978). Community Psychology: Concepts and Application. New York: The Free Press.	
Rappaport, J. (1977). Community Psychology: Values, Research and Action. New York:	
e-Learning Source:	
https://egyankosh.ac.in/bitstream/123456789/23869/3/Unit-1.pdf	
https://youtu.be/tpB-B8BXk0	

	Course Articulation Matrix: (Mapping of COs with POs and PSOs)														
PO-PSO CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6	PSO7	PSO8
CO1	1	2	2	1	2	3	1	2	3	2	2	2	3	3	2
CO2	2	1	1	2	2	1	2	2	3	3	1	2	2	3	2
CO3	2	2	1	1	2	2	2	2	1	3	2	2	1	2	2
CO4	2	2	2	2	2	2	3	2	3	2	2	2	2	2	2
CO5	1	1	2	2	1		1	2	2	2	2	2	3	1	3

1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

 Dr. Md. Jasimuddin Khan Name & Sign of Program Coordinator	 Zeba Anil Head Humanities & Social Science Integral University, Lucknow Sign & Seal of HoD
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Integral University, Lucknow

Effective from Session: 2019-2020							
Course Code	HS494	Title of the Course	Tests and Experiments	L	T	P	C
Year	I	Semester	I	0	0	4	2
Pre-Requisite	Graduation	Co-requisite	None				
Course Objectives	This course deals with the sampling, testing experiments and research designs and their applications in research in this Practicum: The students will conduct two practicum during the semester.						

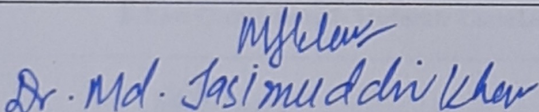
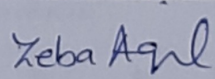
Course Outcomes	
CO1	Understand the basic concept of content analysis in psychology.
CO2	Understand the basic concept of Test & experiments in psychology.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1		Mirror Drawing Stars Paper	15	CO1
2		Differential Personality Inventory by Arun Kumar Singh and Ashish Kumar Singh	15	CO2

Reference Books:
Mirror Drawing Stars Paper, Differential Personality Inventory by Arun Kumar Singh and Ashish Kumar Singh
e-Learning Source:
https://www.dreamposy.com/paper-stars/
https://prasadpsycho.com/product/mirror-drawing-stars-paper-

Course Articulation Matrix: (Mapping of COs with POs and PSOs)															
PO-PSO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6	PSO7	PSO8
CO															
CO1	2	1	2	2	1	2	3	2	1	2	2	1	2	2	1
CO2	2	1	1	3	2	2	1	2	2	1	1	2	2	2	3

1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

 Name & Sign of Program Coordinator	 Sign & Seal of HoD
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Integral University, Lucknow

Effective from Session: 2019-2020							
Course Code	HS495	Title of the Course	Data Collection: Quantitative Methods	L	T	P	C
Year	I	Semester	I	0	0	4	2
Pre-Requisite	Graduation	Co-requisite	None				
Course Objectives	This course deals with the sampling and research designs and their applications in research.						

Course Outcomes	
CO1	Understand the basic concept of content analysis in psychology.
CO2	Understand the basic concept of sampling in psychology.
CO3	Understand the basic concept of experimental design.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1		Content Analysis	10	CO1
2		Sampling	10	CO2
3		Experimental Design	10	CO3

Reference Books:

Bryman, A. (2004). Quantity and Quality in Social Research. Routledge.

R.J. (2006). Psychological Testing: History, Principles, and Applications (4 th Ed.). New Delhi: Pearson Education.

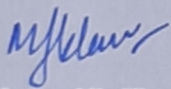
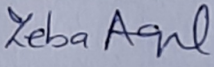
e-Learning Source:

<https://youtu.be/E2gGF1rburw>

Course Articulation Matrix: (Mapping of COs with POs and PSOs)

PO-PSO CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6	PSO7	PSO8
CO1	2	1	2	2	2	2	2	2	2	2	2	2	2	2	1
CO2	2	1	1	3	2	2	1	2	2	1	1	2	2	2	3
CO3	1	2	2	2	2	2	2	2	1	1	2	2	2	2	2

1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

 Dr. Md. Jasimuddin Khan Name & Sign of Program Coordinator	 Zeba Agni Sign & Seal of HoD Science Integral University, Lucknow
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Integral University, Lucknow

Effective from Session: 2019-2020						
Course Code	HS496	Title of the Course	Educational Excursion-I	L	T	P
Year	I	Semester	I	0	0	0
Pre-Requisite	Graduation	Co-requisite	None			
Course Objectives	To attain practical experience in professional setting.					

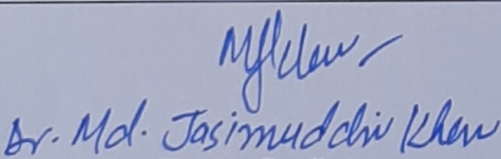
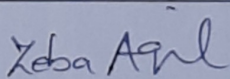
Course Outcomes	
CO1	Understand research as well as practical experience in real life settings
CO2	To provide an opportunity to the students interact with special child.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
		A Visit to a Special School <ul style="list-style-type: none"> Study of the history and present situation of the institute Study of the infrastructure Interview with the head of the institute Making rapport with the students Activities to be done with the specific student of choice Meeting with parent of specific child Exercise with the student about his behaviour/personality Giving suggestions for the same Report writing of the whole duration 	One week(4 to 5 hours per day)	CO1 CO2

Reference Books:
e-Learning Source:
https://youtu.be/HqfFv7kws

Course Articulation Matrix: (Mapping of COs with POs and PSOs)															
PO-PSO CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6	PSO7	PSO8
CO1	1	2	2	1	2	1	2	2	3	3	1	2	2	2	3
CO2	2	2	1	3	2	2	1	2	2	3	1	1	2	2	1

1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

 Dr. Md. Jasimuddin Khan Name & Sign of Program Coordinator	 Zeba Agil Head Humanities & Social Science Sign & Seal of HoD Integral University, Lucknow
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